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How We Feed Our Pugs

Feeding a pug is easy. They almost always eat anything. Feeding a pug for optimum health, longevity, and nutrition is more challenging. These are the practices that we have found to be the most helpful:

We always use stainless steel dog bowls or ceramic bowls designed for human use. Plastic bowls can "steal" the pigment from a dog's face and become chew toys and some doggy ceramic bowls have poisonous paints or glosses. We provide fresh distilled water that has *ConcenTrace Trace Minerals* added to it. The water is made available at all times, except inside the crate and during the night until after our pug is fully house-trained. This helps eliminate "accidents".

We only feed and recommend holistic--preferably organic and non-GMO-- products, and we avoid feeding or recommending "puppy" food of any type. Our pugs eat *Fromm Four Star Game Bird Adult Dry Dog Food* and, beginning at four months of age, *Stella & Chewy's Duck Duck Goose Freeze-Dried Raw Dinner Patties*.

This feeding chart is for reference purposes only.

AGE	AMOUNT	HOW OFTEN	SEAMEAL
9-11 weeks	Approx. 1/8 cup Fromm	4 times per day: once every 6 hours.	One pinch twice per day.
12-15 weeks	Approx. 1/8 - 1/4 cup Fromm	3 times per day: once every 8 hours.	1/8 tsp. once per day.
16-23 weeks	Depending on dog's individual weight needs, approx. ¼ cup Fromm and up to 2 crumbled Stella & Chewy's Duck Duck Goose Dinner Patties.	2 times per day: once every 12 hours.	¼ tsp. once per day.
6 months on	Depending on dog's individual weight needs, approximately 1/4- to 1/3 cup Fromm and 2 crumbled Stella & Chewy's	2 times per day: once every 12 hours.	1/4 tsp. once per day.

Duck Duck Goose	
Dinner Patties.	

We always AVOID overfeeding our pug! A fat pug is an unhealthy pug. Pugs will ALWAYS act as if they are starving--even after eating a full meal.

When viewed from above, the pug's sides should be parallel. The table below shows the ideal look for a pug:

IF the pug's sides look like this when viewed from above:	The Pug is:
()	Too fat. We cut back on the food by ¼ cup for one of the meals per day.
) (Too thin. We increase food by ¼ cup for one of the meals per day.
[]	At ideal weight.

WE ALWAYS avoid feeding ANY table scraps. AVOID feeding any untreated raw meat of any kind--unless it is commercially prepared. Raw meat can give your dog diseases. The Stella & Chewy Company states that they test each batch of their raw dog food to ensure safe quality.

We only give canned foods to sick, pregnant, or nursing dogs, to administer medicines or for very special occasions—like holidays. Not TOO often. We only recommend one type:

• Newman's Own Organic Beef & Liver

• Newman's Own Organic Liver

A pug should always be excited about his food each and every time it is offered. We ALWAYS take notice of a missed or a less enthusiastically eaten meal. If a pug should refuse to eat all or part of a meal, this can indicate a medical problem. If this happens, we mark this occurrence on our calendar with the time the meal was offered, how much was offered, and how much was refused. If our pug should refuse to eat all or part of the next meal that is offered, we take him to the veterinarian for a complete examination. It is VERY unusual for a pug to refuse any part of a meal, and quick medical attention on our part may save our pug's life.

EXCEPTIONS:

- Traveling. Some healthy pugs may not feel comfortable eating in strange environments.
- Healthy, intact male dogs who can see or smell female dogs who are in season may refuse to eat.
- Pregnant dogs who may be suffering morning sickness may often refuse a meal or two.

Pugs do not get "bored" with their food, so changing brands is not recommended to attempt to coax a dog to eat. Contact us for tips on getting healthy pugs to eat during the three exceptions listed above.

Feel free to contact us if you have any questions about our process.

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